

A photograph of a rider in a dark blue jacket and helmet jumping a brown horse over a white fence. The rider is leaning forward in a jumping posture. The horse is in mid-air, clearing the fence. The background shows a blurred crowd of spectators and a white fence.

The CAROLINAS EQUESTRIAN[©]

\$5.00 USD

Vol. 4, No. 2
Summer 2017

Heroes & Horsemen at Heart:
Bruce and Amy Christison

It's All On Course for
DOUG PAYNE

Equestrian Style

**Summer Must Haves with Black Petticoat,
Karina Brez Jewelry & TrailerFash**

Improve the Quality of Your Flying Lead Changes with Steve Heinecke

By Steve Heinecke | Photo Courtesy of Kaydence

As a trainer, when it comes to preparing for the show ring, no detail should be overlooked. In the same sense, as a judge, when it comes to deciding a winner of a class, it is oftentimes the little details that make the biggest impact.

In the hunter and equitation rings, the flying lead change has a great impact on the riding score. Yet achieving a flying change of lead and doing it correctly can be two different things.

First and foremost, we must understand and analyze how a horse completes a flying lead change. A flying lead change occurs when a horse swaps from one lead to the other without breaking from the canter and, preferably, does not change in rhythm, but continues to follow the pace and path established by the rider.

When a horse changes its lead, it is slightly bending its head in the direction of the new lead, while keeping the outside shoulder on the same track and allowing the outside hip to come in. Naturally a horse wants to follow his head, and by only using your inside rein, the horse may not be able to bring his haunch in and execute a clean lead change.

To learn more about improving your flying lead changes, continue reading Steve's article at www.thecarolinasequestrian.com.



TractGard®

TractGard® is an Equine GI tract buffer, re-hydrator, digest aid and electrolyte source that is excellent for horses prone to stomach upset. It is a pelleted mix of mineral salts, electrolytes, yeast and linseed meal designed to pull water into and lubricate the GI tract, buffer excess acids, and support normal digestion and healthy bowel function.



Recovery Mix™

Recovery Mix™ is formulated to assist your horse in recovering from exertion. During heavy exercise, horses naturally lose large amounts of essential nutrients and experience protein and muscle breakdown. If these nutrients are not replaced, your horse could experience dehydration, muscle weakness or soreness, overheating, lack of energy and poor performance.



Foxden Equine
NUTRITION THAT WORKS

WWW.FOXDENEQUINE.COM

**Call Today for a
Free Sample!**
(540) 337-5450



SOCK

and
Steve Heinecke
at *Robindale Farm*

SALES
JUDGING
PONIES
CLINICS
TRAINING
BOARDING



Loli Photography



561-254-2223 | 7414 Broomes Old Mill Rd., Waxhaw, NC

sockinc2012@gmail.com | www.steveheinecke.com | www.facebook.com/sockincequestrian
Robindale Boarding or Facility Inquiries: Carolyn Rechkemmer at 704-618-7474 or robindalefarm@gmail.com